



Bike Week is Next Week!

Woohoo! It's finally here! We can't wait to share over 50 events with you that celebrate riding bikes!

We hope that you booked the week off work so you can take everything in. We have group rides, cycling training, family parties, open shop hours, travelling feasts and more! Here's the full event schedule: <https://www.bikeweekwinnipeg.com/about/events-schedule/>

We've added exclusive details on our major events- **the Launch** (this Friday), **Bike to Work Day** and **Ciclovía** below.

Don't forget to join us on Friday for the media launch at City Hall.

We are mustering at The Forks in our best outfits on **Friday, June 15th at 9:00am**. We will then take a pleasant group ride to City Hall, beginning at 9:30am with Mayor Brian Bowman.

Our media launch begins at City Hall at 10:00 am. Come and hear what we have in mind for 2018 and help us show why bikes are important to us.



Bike to Work Day is back on **Monday, June 18th!** This year the event boasts 71 pit stops across the city, in every corner of Winnipeg, plus our annual group ride that tours through a bunch of them.

Pit stops are open from 6:30-9:00am on Bike to Work Day to welcome riders on their way to work. Each stop is unique, some give away snacks or swag, there are competitions and prizes to be won! Visit our pit stop map to learn more and plan your route: <https://www.bikeweekwinnipeg.com/about/map/>

Plus there is an **All Day Pit Stop at The Forks from 9:00am-3:00pm** giving away all sorts of goodies,

hosted by [Bike Valet](#) and [the WRENCH](#). Come say hello, get your bike tuned up and have a cinnamon bun on us.

You can also take part in fun Bike to Work Day activities like Ride and Go Seek!

PLAY RIDE AND GO SEEK AND
WIN A
BICYCLE!
ON BIKE TO WORK DAY
MONDAY, JUNE 18



1. visit 8 pit stops on your way to work
2. collect signatures at each stop
3. hand in your form at the all day pit stop at The Forks 9am-3pm, June 18 or at Ciclovía



Join the Annual Bike to Work Day Group Ride!!!

Here's the details:

Join in a group ride that starts at Assiniboine Park and ends downtown. Saddle up with other riders including Winnipeg Mayor Brian Bowman on your way to work. We'll be stopping at a few pit stops along the way so you can also join in at point along the route.

We would like riders to be dressed appropriately so the first 20 riders to get there will be given a Bike Week Winnipeg 2018 t-shirt.

This is a casual ride at a casual pace and great for anyone. Feel free to jump on board at any point along the ride and remember, Bike Week is for everyone!

Schedule (subject to change so check before you ride)

Meet between 6:30 and 6:45 a.m. Assiniboine Park Footbridge (south side)

Departure 6:45 sharp

6:55 a.m. Bourkvale Community Club (Ferry Road)

7:05 a.m. Departure

7:25 a.m. Misericordia Health Centre Pit Stop – Wolseley and Sherbrook

7:35 a.m. Departure

7:45 a.m. Pit-stop at the Legislature (SW corner of the grounds)

7:55 a.m. Departure

8:05 a.m. Bonnycastle Park



On **Sunday, June 24th**, we invite you to ride to The Forks along our suggested routes. These are comfortable, family friendly routes that tie existing Sunday street closures on Wellington, Wolseley, Scotia Street and North East Pioneers Greenway and also include our special event day street or lane closures.

Want to see that in a map? Okay! <https://www.bikeweekwinnipeg.com/ciclovvia-map/>

At The Forks you can take in activities for all ages, including demonstrations, activities, tabling and a [Third+Bird Artisan Market](#).

Families can enjoy juggling workshops, hula hooping, bike decorating, dancing, demonstrations, face painting and more!

Enjoy free swing dancing, yoga and zumba classes throughout the day all with to the tune of a sweet mix of music by [Mama Cutsworth](#), [Sweet Alibi](#), [Nation of Two](#), [SC Mira](#) and more- a dance party for the whole family!

Participating in Ciclovvia, and ready to meet you are:

[Bike Week Winnipeg](#)
[Thrill Riders Bicycle Rescue](#)
[Orioles Bike Cage](#)
[The Bike Dump](#)
[City of Winnipeg – Municipal Government](#)
[The Wrench](#)
[CAA Manitoba](#)
[UMCycle](#)
[Velodonnas Cycling Team](#)
[CNIB](#)
[Climate Change Connection - Winnipeg](#)
[Green Action Centre](#)
[MEC](#)
[Winnipeg Public Library](#)
and more!

JUNE 23

MPI BIKE IT COURSE

MPI Bike It Course, June 23rd 10:00am-2:00pm

Learn the knowledge and skills that you need to confidently ride the streets of Winnipeg. This course is offered through Manitoba Public Insurance (MPI) based on accepted best practices. The course will be held at MPI's Main Street Service Centre, 1284 Main Street.

The course is led by an experienced cycling instructor. You will spend approximately 1 1/2 hours in the classroom and the remaining time practicing what you learned through on-road instruction. The course will cover:

The proper size and fit of a bike.

Basic bike maintenance/checks that you should be doing.

Cycling equipment.

Basic road positioning for a variety of road conditions.

Strategies on how to safely ride in traffic.

Safe use of various cycling infrastructure.

To sign up, contact: roadsafety@mpi.mb.ca | phone: 204-985-8737

Can't make it? Try out MPI's Cycling Champion Course this Sunday, June 16th instead! More info on our event schedule: <https://www.bikeweekwinnipeg.com/about/events-schedule/>

Thanks to our champions...



Winnipeg's [Downtown Biz](#) had long been the home of Ciclovía, as part of ManyFest each September. We are thankful that they have given us their blessing to move this bike celebration to Bike Week!

Not only that, but they have generously sponsored the event, and as always they return to the Bike Week program with some of the most exciting events like Bikes and Beer and the Traveling Feast.

Thanks for your partnership Downtown Biz, you've been there since the beginning with Bike to Work Day and it is a pleasure to work with you each year!

