



Happy Bike Week!

[Bike Week](#) started off with a beautiful [Bike to Work Day](#)! There were cyclists everywhere and great pit stops featuring live music, massage, bike blenders, donuts, giveaways and more. We hope you had as much fun as we did.

The week has continued with wonderful events like the Moveable Feast, group rides and yoga, but we aren't even half way done yet. Read on to see what else is in store for Bike Week, including our [Ciclovia](#) full event listing.

More details can be found at: <https://www.bikeweekwinnipeg.com/about/events-schedule/>

THURSDAY, JUNE 21 EVENTS

Noon-12:30pm: UMCycle Summer Kiosk: Lunch and Learn

Noon-5:30pm: The W.R.E.N.C.H Open Shop

1:30pm-6:30pm: UMCycle Summer Kiosk: Community Stand

6:00pm-8:30pm: South Osborne Bike Hub Open Shop

6:00-830/9:00pm: Woodcock Cycle Intermediate Road Ride

6:30pm-8:30pm: Green Building Council Ride

7:00pm-10:00pm: Coop Vélo-Cité Open Shop

7:00pm-9:00pm: Ride Outside the Lines



FRIDAY, JUNE 22 EVENTS

4:30pm-8:00pm: The Downtown Biz presents Bikes and Beer

5:30pm-6:30pm: Velodonnas Cycling Club Intro Ride Clinic

6:00pm-8:30/9:00pm: Woodcock Cycle Destination Ride

6:00pm-Saturday @ 1:00pm: Third Annual Woodcock Cycle Family Campout

Winnipeg Trails: World's Shortest Dutch Bike Lane - Portage Avenue



SATURDAY, JUNE 23 EVENTS

9:30am: Folk Fest Practice Ride

10:00am-2:00pm: Orioles Bike Cage Open Shop

10:00am-2:00pm: MP1 Bike It course

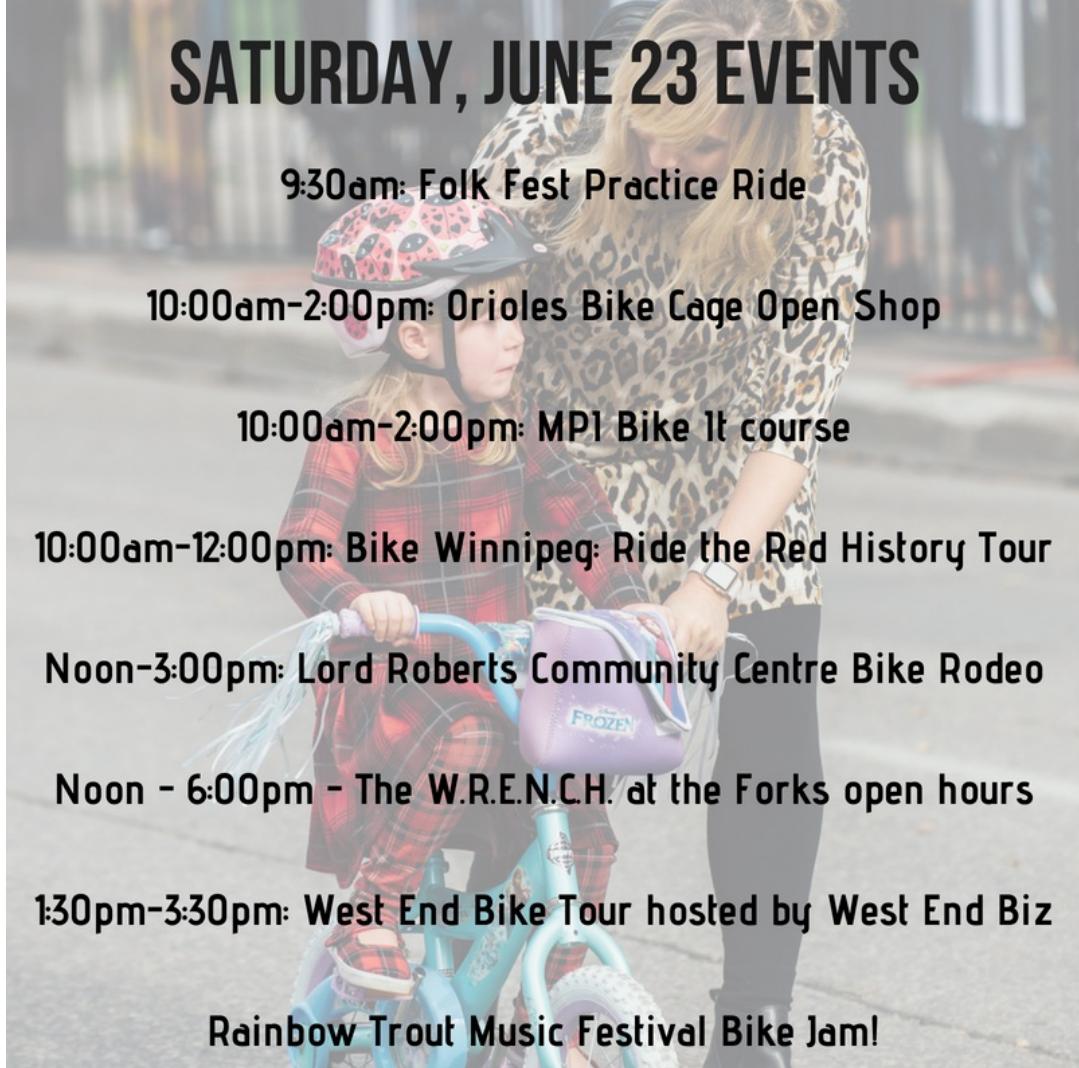
10:00am-12:00pm: Bike Winnipeg: Ride the Red History Tour

Noon-3:00pm: Lord Roberts Community Centre Bike Rodeo

Noon - 6:00pm - The W.R.E.N.C.H. at the Forks open hours

1:30pm-3:30pm: West End Bike Tour hosted by West End Biz

Rainbow Trout Music Festival Bike Jam!



SUNDAY, JUNE 24 EVENTS

9:00am-2:00pm: Ride Don't Hide

10:00am: Churchill Park United: Bike to Church

www.BicycleValetWinnipeg.ca

11:00am-5:00pm: Ciclovia

11:00am-6:00pm: The W.R.E.N.C.H at the Forks Open Hours

1:00pm: Recumbent Cyclist Show and Shine

1:00pm-4:00pm: Bike Dump Open Shop

1:00-3:30pm: Bike Week Winnipeg ArtRide Tour of North Winnipeg

1:00-3:30pm Traditional Trails Indigenous Led Group Ride

Winnipeg Trails: World's Shortest Dutch Bike Lane, Learn to Ride
Dutch & Dutch Dinking- The Forks

For full event details visit: <https://www.bikeweekwinnipeg.com/about/events-schedule/>

CICLOVIA

SUNDAY, JUNE 24, 2018

Here's the full Ciclovia line up- it's jam packed!

On June 24th, we invite you to ride to The Forks along our suggested routes. These are comfortable, family friendly routes that tie existing Sunday street closures on Wellington, Wolseley, Scotia Street and North East Pioneers Greenway and also include our special event day street or lane closures. Thanks

to the masterminds at [Winnipeg Trails](#), you will be able to find your way easily!

At The Forks you can take in activities for all ages, including demonstrations, activities, tabling and a [Third+Bird Artisan Market](#).

Families can enjoy free swing dancing, yoga and zumba classes throughout the day all with to the tune of a sweet mix of music by Mama Cutsworth- a dance party for the whole family!

Schedule- Canopy

- 11:00 **DJ Mama Cutsworth**
- 11:30 **Teakle Family Circus**
- 12:00 **Nation of Two**
- 12:30 **Mountain Equipment Co-op Tire Change Competition**
- 1:00 **Swing Dancing**
- 1:30 **Winnipeg Trails' Dutch Dinking Competition**
- 2:00 **Sc Mira**
- 2:30 **WUPASS Bike Polo Demos**
- 3:00 **Swing Dancing**
- 3:30 **DJ Mama Cutsworth**
- 4:00 **Sweet Alibi**

+ at 1:00 there will be a Traditional Trails, Indigenous led group ride presented by The Wrench and Adrian Alphonso looking at Metis History, departing from Ciclovia Winnipeg.

Schedule- Buskers Lookout

(workshop area on grass leading toward Assiniboine River)

- 11:00 **Yoga**
- 12:00 **Juggling workshop with the Teakle Family Circus**
- 1:00 **Z Rock Fitness (Winnipeg Zumba Presents): ZUMBA Fitness with Zin Aila, JLS and Mhelors.**
- 2:00 **Kurrent Motion Hula Hoop workshop**
- 3:00 **Z Rock Fitness (Winnipeg Zumba Presents): Zumba Fitness with Funtaztic Crew**
- 4:00 **Hula Hoop workshop**

Thanks to our champions...



This year at [Ciclovia](#) we will have a fun competition, the [Mountain Equipment Co-op](#) fun tire change competition. Compete to see if you can change a tire faster than anyone else and win great prizes!



• THANK
YOU !

URBAN
systems

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STAY CONNECTED



We have long been friends with the staff at [Urban Systems](#), so it only made sense to partner with them as sponsors of Bike Week. They have been very involved in many events, including yesterday's discussion on [Getting Around the Original Downtown Bike Week Panel](#).

Thanks MEC and Urban Systems!